No.30/2018 1 November 2018

A □ **B** □ **C** □ **D** □ **Day** □ **Retained**

CHANGE THE RULES CAMPAIGN RALLY

The UFUSA participated in the *Change the Rules* Rally in Adelaide last week (25/10) in solidarity with the union movement around the country.

The campaign aims to change the rules so that issues such as minimum wages, penalty rates and insecure employment can be effectively addressed.

The UFUSA attended the rally to show our support for the campaign, to support those less fortunate than ourselves and to demonstrate that we are willing to stand up for a fair and just society.

Many thanks to those of you who were able to join us and to those who gave us such fantastic support in other ways! Love your work.



UFU ANNUAL GENERAL MEETING

All members are advised that the Annual General Meeting of our Union is being held on

FRIDAY 30 November 2018 (C shift) 1030 hours

UFUSA Office 148 South Road Torrensville SA

All members are invited and encouraged to attend to hear reports and have input on the activities of our union, what we've done and what we're planning, as well as to discuss the annual financial reports of course. Earlier this year you voted overwhelmingly for a change in our union so please do come along, participate and stay for a chat over lunch.

The meeting will be followed by a BBQ lunch at 1230 hours. Please RSVP on 83527211 or to info@ufusa.com.au if you can come and we can ensure there's enough BBQ to go round!





How good are our UFU Trailblazers Team? Warmest thanks and deep respect to everyone who supported, walked or ran in the UFUSA Trail Blazer team last Sunday. With funds going to Prostate Cancer research, you put in a mighty effort for a good cause. Thanks to the Firefighters Foundation too for the big contribution and for sending Deefa along! Looking forward to an even bigger team next year.

UFUSA supports Paddle 4 Prostate Cancer Research

Watch for info coming soon about another coming Trailblazer event with Paddle for Prostate on 2 December. Paddle 4 Prostate is a celebration of life on the water and we're planning to enter a UFUSA team in this event too. It's a *flotilla of fun* in the sun on West Lakes and paddle around Delfin Island or walk the Rowing SA Regatta Course Path (4km), to raise funds for Prostate Cancer research, awareness and to support men affected and their families. We'll provide more details soon.

PFAS – A FURTHER VERY IMPORTANT REMINDER!

A reminder to all members that MFS are providing FREE PFAS blood testing to all current and retired MFS personnel (full time and retained). The testing program dates have already been extended to capture as many members as possible and are scheduled to conclude 30th November 2018.

These are costly tests for which the MFS currently has been funded so there is NO cost to you; other UFU branches are still fighting to get a blood testing program initiated for members, so please don't take this for granted or delay further. Please do it NOW!

Movember

Our fathers, partners, brothers and friends face a health crisis that isn't much talked about. Men are dying too young. We can't afford to stay silent. The Movember movement is tackling men's health on a global scale, addressing some of the biggest health issues faced by men: prostate cancer, testicular cancer, mental health and suicide prevention. Moustaches rule OK, so join Matt Johns and other members and grow one for a good cause. If you're not a moustache maniac maybe look at some of the other many ways to participate in Movember.



In solidarity

Max Adlam

UFU Secretary